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Elizabeth Somer**

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says registered dietician Elizabeth Somer, author of *Eat Your Way to Sexy: Reignite Your Passion, Look Ten Years Younger, My Ultimate Fitness*

## **Elizabeth somer**

Elizabeth's work has won awards for her efforts to educate Americans on what to eat to improve their lives, mentally and physically. Elizabeth Somer, nutritionist.

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*Eat Your Way to Sexy* is a new book written by Elizabeth Somer. With the methods and advice in this book, you can start losing weight in just seven days.

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## **Elizabeth somer (author of food & mood) -**

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## **Eat your way to sexy, elizabeth somer -**

Elizabeth Somer is a registered dietitian and the author of several books, including *Eat Your Way to Happiness and Food & Mood*. She is the editor of the *Nutrition*

## **Eat your way to sexy: reignite your passion, look**

*Eat Your Way to Sexy: Reignite Your Passion, Look Ten Years Younger and Feel Happier Than Ever* by Elizabeth Somer, R.D., M.A. Write The First Customer Review

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