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Home > Books > Sport & Lifestyle > Cookbooks, Low Cholesterol, Low Fat Cooking Christine Christine France is a food writer with over twenty years' experience

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Low carbs high fat

Health: H L : NOUN "the state of being free from illness or injury"

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The low cholesterol diet and recipe book: 220

Christine France's other published works include: The Low Cholesterol Low Fat Cookbook (Lorenz Books); The World Encyclopedia of Bread and Bread Making

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Christine France is a food writer with twenty years' experience in every aspect of the food media business. After training as a home economist, Christine spent many

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