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By Bob Gaines Toproping is rock climbing with the rope anchored at the top of the climb, as opposed to lead climbing,

The differences in falling in top rope and lead

Jan 22, 2009 A film made for parents of students who use the College Climbing Wall. This video shows the different distances that a climber will fall when roped using

Rock climbing basics: top rope belay technique -

Apr 30, 2012 Climbing Magazine is producing a series of How To videos in 2012 to demonstrate a number of skills and techniques. In this video Julie Ellison, Climbing

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the latest in its How to Climb series. Written by longtime guides Bob Gaines and for the demands of top-rope and climbing to a gang of

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fixed gear, knots, belay anchors, top-rope anchors, Bob Gaines is an American Mountain Guides Association Certified Rock How To Climb Series Publication

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an American Mountain Guides Association Certified Rock Instructor and longtime Joshua Tree climbing guide. Toproping (How To Climb Series) by Bob Gaines

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John long, bob gaines

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